

Smith County Behavioral Health Leadership Team

# BEHAVIORAL HEALTH SERVICES REPORT



This page is left blank intentionally

## CONTENTS

SMITH COUNTY BEHAVIORAL HEALTH LEADERSHIP TEAM .....	3
SHARED DEFINITIONS.....	4
COMMUNITY-BASED PREVENTION SERVICES .....	5
PRIMARY CARE INTEGRATION .....	6
BEHAVIORAL HEALTH SERVICES BY AGE .....	6
PAY OPTIONS .....	7
TREATMENT FOR BEHAVIORAL HEALTH CONDITIONS & SETTINGS BY AGE .....	8
CHILDREN 12 AND UNDER.....	8
ADOLESCENTS 13 TO 17 .....	9
YOUNG ADULTS 18 TO 25.....	10
ADULTS 26 TO 64.....	11
SENIORS 65 AND UP .....	12
BEHAVIORAL HEALTH SERVICES PROVIDERS IN SMITH COUNTY, TEXAS.....	13
BEHAVIORAL HEALTH SERVICES MAP.....	14

This study was conducted by:



East Texas  
Human Needs Network

7922 S. Broadway Ave.  
Tyler, TX 75703  
903.216.3211  
[www.ETHNN.org](http://www.ETHNN.org)

Find additional resources:



[www.903HELP.org](http://www.903HELP.org)

**Vision:** Improve the quality of life in Smith County for individuals and families who are affected by mental illness.

**Mission:** Provide guidance and linkages among stakeholders to build broad access to timely and appropriate behavioral health care services to better attend to the needs of those with mental illness in Smith County.



Contact: Dawn Franks  
Smith County Behavioral Health Leadership Team, Project Coordinator  
Oak Plaza Office Park  
3300 S. Broadway Ave., Suite 200  
Tyler, TX 75701  
903-617-6331  
[dawnfranks@your-philanthropy.com](mailto:dawnfranks@your-philanthropy.com)

### Community-Based Prevention Services

Community-based prevention is not focused on changing individual characteristics. Rather, the focus is on *population health*, that is, on “the health outcomes of a group of individuals, including the distribution of such outcomes within the group” (Kindig and Stoddart, 2003).

### Primary Care Integration

Providing **INTEGRATED CARE** helps patients and their providers. It blends the expertise of **MENTAL HEALTH**, substance use, and **PRIMARY CARE** clinicians, with feedback from patients and their caregivers. This creates a team-based approach where **MENTAL HEALTH CARE** and general **MEDICAL CARE** are offered in the same **SETTING**.

### Mental Health Disorders

1. Mood disorders include major depressive disorder, bipolar disorder (mania - euphoric, hyperactive, over inflated ego, unrealistic optimism), persistent depressive disorder (long-lasting low-grade depression), cyclothymia (a mild form of bipolar disorder), and SAD (seasonal affective disorder).
2. Anxiety disorders include generalized anxiety disorder (GAD), obsessive-compulsive disorder (OCD), panic disorder, phobia, post-traumatic stress disorder (PTSD), and social anxiety disorder.
3. Behavior disorders include disorders such as attention-deficit/hyperactivity disorder, conduct disorder, and oppositional defiant disorder.
4. Psychosis disorders include: schizophrenia, schizoaffective disorder, delusional disorder, and schizotypal disorder.

### Substance Use Disorders

1. Alcohol
2. Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically.

### Co-occurring Mental Health and Substance Use Disorders

## COMMUNITY-BASED PREVENTION SERVICES

Community-based prevention is not focused on changing individual characteristics. Rather, the focus is on *population health*, that is, on “the health outcomes of a group of individuals, including the distribution of such outcomes within the group” (Kindig and Stoddart, 2003).

COMMUNITY-BASED PREVENTION SERVICES	Andrews Center	Department of Veterans Health Administration	NAMI – National Alliance on Mental Illness	Next Step Community Solutions	New Creation Foundation	Recovery Oriented Systems of Care	Samaritan Counseling Center	Tyler Independent School District
Teen Pregnancy								x
Bullying	x						x	x
Underage and Binge Drinking	x			x			x	x
Smoking	x	x			x		x	x
Suicide	x	x	x			x	x	x
Prescription/ over-the-counter drug misuse	x	x		x	x		x	x
Parenting / family support	x	x	x	x		x	x	x
Behavioral health stigma	x	x	x	x		x	x	x
Marijuana, meth, and other drug use	x	x		x	x	x	x	x

## PRIMARY CARE INTEGRATION

According to NIMH: Providing INTEGRATED CARE helps patients and their providers. It blends the expertise of MENTAL HEALTH, substance use, and PRIMARY CARE clinicians, with feedback from patients and their caregivers. This creates a team-based approach where MENTAL HEALTH CARE and general MEDICAL CARE are offered in the same SETTING.

PRIMARY CARE INTEGRATION	Andrews Center	Cenikor Foundation	Department of Veterans Health Administration	NAMI – National Alliance on Mental Illness	Samaritan Counseling Center	UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler
YES	X	X	X	X	X	X

## BEHAVIORAL HEALTH SERVICES BY AGE

PROVIDERS	% OF PROVIDERS	Andrews Center	Cenikor Foundation	Department of Veterans Health Administration	University of Texas at Tyler	NAMI – National Alliance on Mental Illness	Next Step Community Solutions	New Creation Foundation	Recovery Oriented Systems of Care	Samaritan Counseling Center	Tyler Independent School District	UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler
Children 12 and under	55%	X					X		X	X	X	X
Adolescent 13 to 17	64%	X				X	X		X	X	X	X
Young adults 18 - 25	91%	X	X	X	X	X	X	X	X	X		X
Adults 26 - 64	82%	X	X	X	X	X		X	X	X		X
Seniors 65 and up	82%	X	X	X	X	X		X	X	X		X

PAY OPTIONS

PAY OPTIONS	% OF PROVIDERS	Andrews Center	Cenikor Foundation	Department of Veterans Health Administration	University of Texas at Tyler	NAMI – National Alliance on Mental Illness	Next Step Community Solutions	New Creation Foundation	Recovery Oriented Systems of Care	Samaritan Counseling Center	Tyler Independent School District	UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler
No Fee	82%	x	x	x	x	x	x	x	x		x	
Cash or self-pay	73%	x	x	x	x		x	x		x		x
Private health insurance	45%	x	x	x						x		x
Medicare	18%	<i>By age</i> 18 – 25 26 - 64 65+										<i>By age</i> 18 – 25 26 - 64 65+
Medicaid	27%	x	x									x
Tricare	18%	x										x



TREATMENT FOR BEHAVIORAL HEALTH CONDITIONS & SETTINGS BY AGE

CHILDREN 12 AND UNDER

12 AND UNDER	Inpatient	Outpatient	Residential	At Home	Tele-medicine	School Community Program	Peer Support Program
<b>Mood Disorders</b>	UTHETBH	Andrews Samaritan		Andrews	Andrews Samaritan	Andrews Next Step TISD	Samaritan
<b>Anxiety Disorders</b>	UTHETBH	Andrews Samaritan		Andrews	Andrews Samaritan	Andrews Next Step TISD	Samaritan
<b>Behavior Disorders</b>	UTHETBH	Andrews Samaritan		Andrews	Andrews Samaritan	Andrews Next Step TISD	
<b>Psychosis</b>	UTHETBH	Andrews Samaritan		Andrews	Andrews	Andrews Next Step TISD	
<b>Alcohol Substance Use Disorder</b>		Samaritan			Samaritan	Next Step TISD	
<b>Illicit Drug Substance Use Disorder</b>		Samaritan			Samaritan	Next Step TISD	
<b>Co-occurring Mental and Substance Use Disorder</b>		Andrews Samaritan		Andrews	Andrews Samaritan	Andrews Next Step TISD	

TISD: Tyler Independent School District Counseling

UTT: University of Texas at Tyler Department of Psychology and Counseling

UTHETBH: UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler

VHA: Department of Veterans Health Administration, Tyler VA Outpatient Clinic

13 TO 17	Inpatient	Outpatient	Residential	At Home	Tele-medicine	School Community Program	Peer Support Program
<b>Mood Disorders</b>	UTHETBH	Andrews Samaritan UTHETBH		Andrews	Andrews Samaritan	Andrews NAMI Next Step TISD	Samaritan
<b>Anxiety Disorders</b>	UTHETBH	Andrews Samaritan UTHETBH		Andrews	Andrews Samaritan	Andrews NAMI Next Step TISD	Samaritan
<b>Behavior Disorders</b>	UTHETBH	Andrews Samaritan UTHETBH		Andrews	Andrews Samaritan	Andrews NAMI Next Step TISD	Samaritan
<b>Psychosis</b>	UTHETBH	Andrews		Andrews	Andrews	Andrews NAMI Next Step TISD	
<b>Alcohol Substance Use Disorder</b>	UTHETBH	Samaritan				Next Step TISD	
<b>Illicit Drug Substance Use Disorder</b>	UTHETBH	Samaritan				Next Step TISD	
<b>Co-occurring Mental and Substance Use Disorder</b>	UTHETBH	Andrews Samaritan UTHETBH		Andrews	Andrews	Andrews NAMI Next Step TISD	

TISD: Tyler Independent School District Counseling

UTT: University of Texas at Tyler Department of Psychology and Counseling

UTHETBH: UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler

VHA: Department of Veterans Health Administration, Tyler VA Outpatient Clinic

18 TO 25	Inpatient	Outpatient	Residential	At Home	Tele-medicine	School Community Program	Peer Support Program
<b>Mood Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI Next Step UTHN	Andrews NAMI Samaritan
<b>Anxiety Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI Next Step	Andrews NAMI Samaritan
<b>Behavior Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI Next Step	Andrews NAMI Samaritan
<b>Psychosis</b>	UTHETBH VHA	Andrews VHA		Andrews VHA	Andrews VHA	NAMI Next Step	Andrews NAMI
<b>Alcohol Substance Use Disorder</b>	UTHETBH Cenikor VHA	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA	Next Step	New Creation
<b>Illicit Drug Substance Use Disorder</b>	UTHETBH Cenikor VHA	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA	Next Step	New Creation
<b>Co-occurring Mental and Substance Use Disorder</b>	UTHETBH Cenikor VHA	Andrews Cenikor Samaritan UTHETBH VHA	Cenikor	Andrews VHA	Andrews VHA	NAMI Next Step	Andrews NAMI

TISD: Tyler Independent School District Counseling

UTT: University of Texas at Tyler Department of Psychology and Counseling

UTHETBH: UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler

VHA: Department of Veterans Health Administration, Tyler VA Outpatient Clinic

26 TO 64	Inpatient	Outpatient	Residential	At Home	Tele-medicine	School Community Program	Peer Support Program
<b>Mood Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Anxiety Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Behavior Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Psychosis</b>	UTHETBH VHA	Andrews UTHETBH VHA		Andrews VHA	Andrews VHA	NAMI	Andrews NAMI
<b>Alcohol Substance Use Disorder</b>	Cenikor VHA UTHETBH	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA		New Creation
<b>Illicit Drug Substance Use Disorder</b>	Cenikor VHA UTHETBH	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA		New Creation
<b>Co-occurring Mental and Substance Use Disorder</b>	Cenikor UTHETBH VHA	Andrews Cenikor Samaritan UTHETBH VHA	Cenikor	Andrews VHA	Andrews VHA	NAMI	Andrews NAMI

TISD: Tyler Independent School District Counseling

UTT: University of Texas at Tyler Department of Psychology and Counseling

UTHETBH: UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler

VHA: Department of Veterans Health Administration, Tyler VA Outpatient Clinic

65 AND UP	Inpatient	Outpatient	Residential	At Home	Tele-medicine	School Community Program	Peer Support Program
<b>Mood Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Anxiety Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Behavior Disorders</b>	UTHETBH VHA	Andrews Samaritan UTHETBH UTT VHA		Andrews VHA	Andrews Samaritan VHA	NAMI	Andrews NAMI Samaritan
<b>Psychosis</b>	UTHETBH VHA	Andrews VHA		Andrews VHA	Andrews VHA	NAMI	Andrews NAMI
<b>Alcohol Substance Use Disorder</b>	Cenikor VHA UTHETBH	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA		New Creation
<b>Illicit Drug Substance Use Disorder</b>	Cenikor VHA UTHETBH	Cenikor Samaritan UTHETBH VHA	Cenikor New Creation	VHA	VHA		New Creation
<b>Co-occurring Mental and Substance Use Disorder</b>	Cenikor UTHETBH VHA	Andrews Cenikor Samaritan UTHETBH VHA	Cenikor	Andrews VHA	Andrews VHA	NAMI	Andrews NAMI

TISD: Tyler Independent School District Counseling

UTT: University of Texas at Tyler Department of Psychology and Counseling

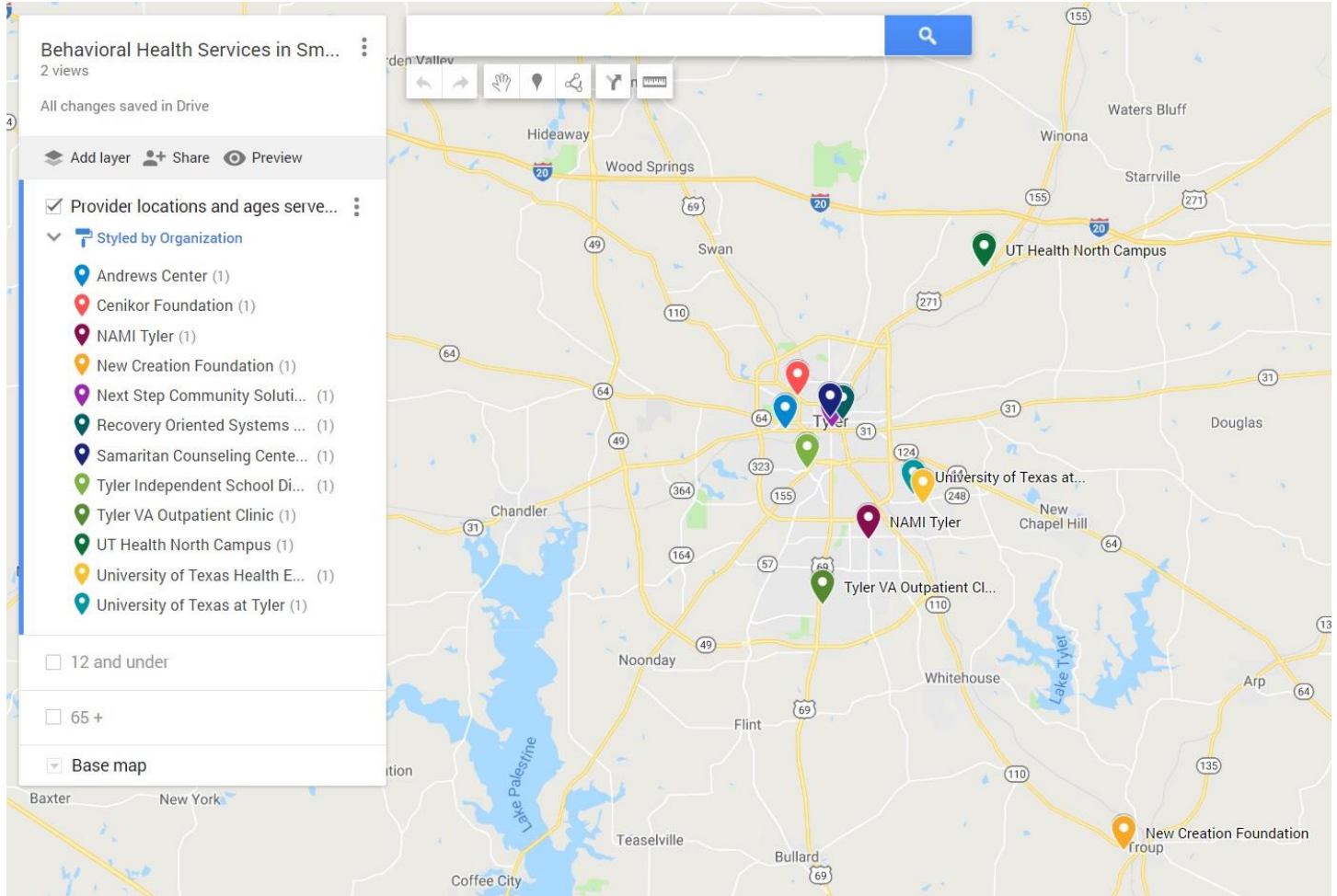
UTHETBH: UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler

VHA: Department of Veterans Health Administration, Tyler VA Outpatient Clinic

BEHAVIORAL HEALTH SERVICES PROVIDERS IN SMITH COUNTY, TEXAS

ORGANIZATION	ASSESSMENT RESPONDENT	MAIN LOCATION & CONTACT
Andrews Center www.andrewscenter.com	Neisha LeStage-Copeland Division Director of Counseling Services	2323 West Front Tyler, TX 75702 Andrewscenter.com 903-597-1351
Cenikor Foundation Cenikor Tyler www.cenikor.org	Keisha Morris Operations Administrator	1827 West Gentry Pkwy. Tyler, TX 75702 Cenikor.org 903-630-7461
Department of VHA Tyler VA Outpatient Clinic www.northtexas.va.gov	Lehebron Farr Clinic Director	7916 South Broadway Tyler, TX 75701 Northtexas.va.gov 855-375-6930
NAMI Tyler www.namityler.org	Mildred Witte Immediate Past President	200 North Beckham Ave. Tyler, TX 75702 Namityler.org 903-245-4231
Next Step Community Solutions Nextstepcs.org	Greg Thompson Executive Director	305 South Broadway, Suite 603 Tyler, TX 75702 Nextstepcs.org 903-939-9010
New Creation Foundation	Gregory Fleck President/Founder	1204 West Noble Troup, TX 75789 Newcf.net 903-405-5656
Recovery Oriented Systems of Care	Lindsey Little ROSC Representative	200 North Beckham Ave. Tyler, TX 75702
Samaritan Counseling Center of East Texas	Christopher Taylor Executive Director	218 N. College Avenue Tyler, TX 75702 Sccet.org 903-593-9141
Tyler Independent School District Counseling	Leigh Anne Barber Director of Guidance and Counseling	1319 Earl Campbell Parkway Tyler, TX 75701
University of Texas at Tyler Department of Psychology and Counseling	C. R. Barke' Ph.D. Professor and Chair	3900 University Blvd. HPR 223 Tyler, TX 75799 Uttyler.edu 903.566.7130
UT Health East Texas Behavioral Health and University of Texas Health Sciences at Tyler	Marcey Davis Division Administrator Behavioral Health Services	4101 University Tyler, TX 75701 Uthealtheasttexas.com 903-266-2200

# BEHAVIORAL HEALTH SERVICES MAP





Smith County Behavioral Health Leadership Team  
Oak Plaza Office Park  
3300 S. Broadway Ave., Suite 200  
Tyler, TX 75701  
903-617-6331